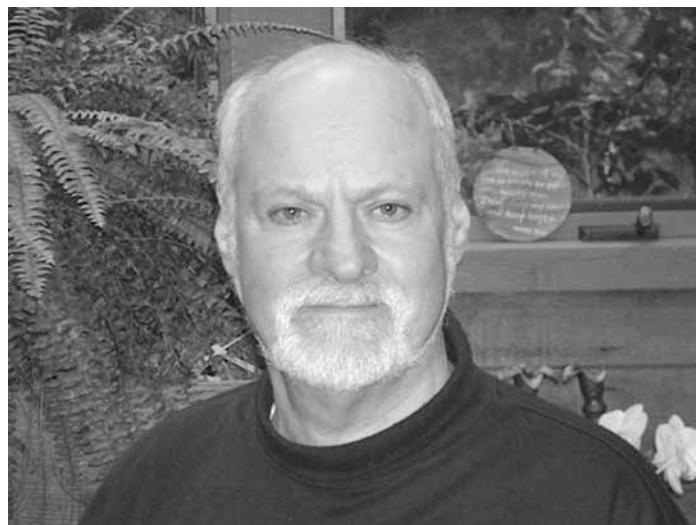


# Creativity and the Creation



by Kenneth Lux, PhD

The universe is inherently creative, which means that its basic nature is creative. This is the case because it's something that has been created. That's what we mean when we say it's a creation.

To say this implies that there is a creator. This is just what the materialists and materialistic scientists recognize in their fundamental criticism of the idea of "design," which they disparagingly call "creationism." The suggestion is that anyone who advocates anything like this is a biblical or Bible literalist—someone who thinks that the Bible is literal rather than symbolic. The universe was created in seven days, or at best the Earth is something like 6,000 years old.

Although there certainly are a multitude of biblical literalists, nothing that has been said above implies or means biblical literalism. It was about the universe as created, and therefore it is a creation. I would say that one of the proofs of this is the urge to create in human beings. Again, if the above reasoning is correct, this urge is a reflection of the basic nature of the universe and how it came into existence.

With this we can go further. The denial by someone of this most fundamental urge in themselves leads to sickness; the

reverse is the recovery and restoration of health. This shows us the value of the broad field of "art therapy," whether it is drawing, painting, photography, sculpture, pottery, dance, or in the broadest sense, any "expressive movement"—which includes writing, such as the writing of this article. What this comes down to is that art therapy is nothing other than art itself.

But now we should conclude by going yet a step further. I said before that the problem with what we can call "literalists" is that they miss the symbolism of life, and in so doing feed the disparaging fire of the materialists, who are blind to their own irony that materialism is an ultimate literalism and in that sense an ultimate sickness. It is through creativity on the broadest scale that the overwhelming materialism of our age will be overcome and our world will be restored to health.

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